

NEW ENGLAND AREA YMCA SWIMMING CHAMPIONSHIPS  
MARCH 14,15,16, 2008  
Harvard University, Blodgett Swim Center Boston, MA

**SWIMMING ENTRY FORM:**

START TIME: Check meet format

MEET DIRECTOR: Richard Whitworth

ADMISSION: Adults - \$5.00/session children - \$3.00/session

FACILITY: One eight lane competitive course, One six lane 25 yard course for warm up, automatic time system, good spectator seating

ENTRIES: Hand Entries must be received by Monday March 3, 2008  
Electronic Entries must be received by 5:00 Pm Tuesday, March 4, 2008

Entries preferred from HY-TEK team manager. Please email entries. You will receive verification of receipt by email. Hard copy and check must follow by mail.

***HY-TEK : There is no reason for anyone to pay the additional fee for hand entries. You may download a copy of Team Manager light, (which is free) which will allow you to email your entries. Direction for the download and setup of the program are available on this web site. If you are not computer savvy, please ask one of your parents to help you. I am sure one of them will be able to help you and it will make your job easier.***

Questions: Phone 781-665-4360  
Email Richard.Whitworth@melroseymca.org

Send entries to:

Richard Whitworth  
Melrose YMCA  
497 Main Street  
Melrose, MA 02176

Email entries to:  
neyswim@melroseymca.org  
Subject line "NEY Champs"

ENTRY FEES: Entry fees must accompany entry. No entry fees can be Refunded.

Individual entries	
Electronic	\$5.25
Manual entries	\$5.50
Relay entries	
Electronic	\$21.00
Manual entries	\$23.00

Make all checks payable to:

New England YMCA Swimming

Please send only one check for all entries from your team.

**RULES:** The technical rules of US Swimming will govern all competition except for modifications made by this entry form.

**FORMAT:** All events will be run as timed finals. Meet will be pre-seeded and published in the program.

**SCORING:** Scoring will be to 16 places. Only four individuals from a team may score points in an individual event. One relay team from each team may score.

**AWARDS:** Medals will be awarded to 1<sup>st</sup> through 8<sup>th</sup> place in all events.  
Ribbons for 9<sup>th</sup> through 16<sup>th</sup> place.

**ENTRY TIMES & VERIFICATIONS:**

All competitors should enter with the best times achieved since October 1, 2007. Times from 2007 NE YMCA Champs and 2007 YMCA National short course and long course championship meets are also eligible. Times must be verified upon request of the Meet Committee.

**NUMBER OF EVENTS:**

A swimmer can enter and swim five (5) events. No more than three (3) of which may be individual events. If more than three (3) individual events are entered the first three events in the order of events will be used.

**TEAM RELAYS:**

Each team will be allowed an unlimited number of relay teams per event. All teams will be eligible for awards but only the highest placing team from each team may score in each event.

OFFICIALS: Each team must supply one official or timer for every 3-9 swimmers entered in a session. Relay only participants count toward the total of participants.

RELAYS: Relay declaration cards will be available at the pool. A relay card with the name of the four swimmers competing, must be presented to the computer table prior to the start of each event. There are no qualifying times for relays, but please enter relays with a time. Early submittal of relay declarations will allow for printing of relay participants names in results

PRE-SEEDING:

All events will be pre-seeded and seeding will be published in the program. It is the responsibility of each competitor to be in his/her lane at the time his/her heat is called.

INSURANCE:

**All YMCA's must provide a certificate of insurance naming "Harvard University and Melrose YMCA" as additional insured in regard to the New England YMCA Swimming Championships March 14, 15, and 16, 2008. Certificate must accompany your entry. Please contact the Y's insurance agent now so the certificate is ready to mail with your entry.**

ENTRANCE TO  
Harvard:

Entrance for Coaches and Swimmers will be RESTRICTED. Swimmers may only enter the building during their swimming session. There will be no exceptions to this rule. Coaches must obtain a current pass to enter the building.

STARTING AREA:

The starting area is to be used only by the current heat and the "ON DECK" heat. No coaches or parents will be allowed behind the blocks.

ENTRY ERRORS:

**Psych sheets will be posted on the web at [Melroseymca.com](http://Melroseymca.com) on or about noon on Thursday March 6, 2008. Corrections must be made through email at [neyswim@melroseymca.org](mailto:neyswim@melroseymca.org) by 9:00 AM Saturday March 8, 2008.**

#### NO SHOW RULE:

Any swimmer who fails to present themselves at the block at the time of the event will be scratched from that event. There will be no further penalty imposed.

#### COACH'S DECK PASSES:

In accordance with the National YMCA Competitive Swim Committee meet sanctioning procedures, all coaches on deck at a sanctioned meet must have current safety certifications in CPR, First Aid and Life Guarding (or Coaches Safety Training). Any coach who requests a pass for the meet must send a copy of all three certification cards (front and back) when they send in their entry forms. We will accept a USS Coaches Card.

If a team wishes to enter a sanctioned meet and they do not have a certified coach; they are required to secure the services of a certified coach to represent their participants during the meet.

#### FIRST AID:

In the event of an accident at this sanctioned meet, the team coach is responsible for the care of their participants. The meet director may provide for immediate temporary care, however, the coach or his/her Association will be responsible for any costs incurred if it is necessary to call 911 or to receive care in a hospital emergency room. To expedite matters, it would be helpful if swimmers or coaches would carry their insurance cards with them. Teams should also travel with a first aid kit. The meet director will make every effort to have ice available.

#### TEAM CERTIFICATION:

All teams who wish to compete in a meet sanctioned by the National YMCA competitive swimming committee (this championship) must have registered with the East Field Coordinator for competitive swimming, prior to the meet. Jeff Allen at the Wilton CT YMCA is your field coordinator.

#### SWIMMERS AGE:

A swimmer's age for this championship meet is determined as of December 1, 2007. A swimmer may choose to swim up in age during the meet. If a swimmer chooses to swim up in age they must only compete in that age group for the entire meet. You may not swim a relay in an older age with swimmers who have already competed in a younger age group.

**WARM UP:**

Warm up times and lanes will be assigned for all sessions during the meet. Warm up times and lane assignments will be posted on the web site prior to the meet. There will be warm up lanes available during the meet for warm up and cool down. These lanes are subject to closure at any time if there is misuse or concern for safety. It is the responsibility of a coach to supervise all swimmers using the warm up lanes.

**ADMISSION:**

Please alert your parents that each session (age group) is a separate meet and requires separate admission. Fire laws and Harvard University require that the building be cleared of all swimmers and spectators after each session. We will not allow entry into the building for the next session until the building has been cleared. We will designate an area for coaches to remain during the time between sessions, so that they do not have to leave the building.

**FIRE CAPACITY:**

The fire marshal will control spectator access to the building. Should the capacity of the building be reached, any additional spectators will be refused entrance until such time as the fire marshal feels it is safe to allow additional spectators to enter.

**FIRE EXITS:**

All walk ways and exits must remain clear at all times. Please alert your parents that they will not be allowed to stand or sit in the areas in front of the bleachers or in front of any fire exits

New England Area YMCA Swimming Championships  
Harvard University Blodgett Pool Boston, MA  
March 14, 15, & 16, 2008

***Session Start Times***

***Friday March 14, 2008***

***Class A Boys and Girls (15 – 18 year olds)***

***Swimmer check in starts at 4:00 PM Spectator seating opens 5:00 PM***

**Warm Up 4:15 PM Meet starts 6:00 PM**

**Saturday March 15, 2008**

**Class E Girls & Boys (8 & Under)**

**Swimmer check in starts at 6:30AM spectator seating opens at 7:00 AM**

**Warm Up 7:00 AM Meet Starts 8:30 AM**

**Class B Girls & Boys (13 & 14 Year Olds)**

**Swimmer check in starts at 3:30 spectator area opens at 4:00**

**Warm Up 4:00 PM Meet Starts 5:15 PM**

**Sunday March 16, 2008**

**Class D Girls & Boys (9 & 10 Year Olds)**

**Swimmer check in starts at 6:30 AM spectator seating opens at 7:00 AM**

**Warm Up 7:00 AM Meet Starts 8:30 AM**

**Class C Boys and Girls (11 & 12 Year Olds)**

**Swimmer check in starts 1:00 PM spectator area opens at 1:15 PM**

**Warm up 1:00 PM Meet starts 2:30 PM**

### 2007 New England YMCA Swimming Championships

#### Qualifying Times

Event 1	Girls 8&U 25 Fly	19.10	Event 2	Boys 8&U 25 Fly	20.20
Event 3	Girls 8&U 100 Medley Relay	NT	Event 4	Boys 8&U 100 Medley Relay	NT
Event 5	Girls 8&U 25 Back	20.40	Event 6	Boys 8&U 25 Back	21.00
Event 7	Girls 8&U 50 Free	38.00	Event 8	Boys 8&U 50 Free	38.40
Event 9	Girls 8&U 100 IM	1:36.50	Event 10	Boys 8&U 100 IM	1:39.50
Event 11	Girls 8&U 25 Breast	23.00	Event 12	Boys 8&U 25 Breast	23.50
Event 13	Girls 8&U 100 Free Relay	NT	Event 14	Boys 8&U 100 Free Relay	NT
Event 15	Girls 8&U 25 Free	16.80	Event 16	Boys 8&U 25 Free	17.00
Event 17	Girls 9-10 50 Fly	36.00	Event 18	Boys 9-10 50 Fly	38.00
Event 19	Girls 9-10 100 Breast	1:32.20	Event 20	Boys 9-10 100 Breast	1:37.00
Event 21	Girls 9-10 200 Medley Relay	NT	Event 22	Boys 9-10 200 Medley Relay	NT

Event 23	Girls 9-10 50 Back	37.80	Event 24	Boys 9-10 50 Back	39.0
Event 25	Girls 9-10 100 Fly	1:27.00	Event 26	Boys 9-10 100 Fly	1:34.00
Event 27	Girls 9-10 100 Free	1:11.00	Event 28	Boys 9-10 100 Free	1:13.50
Event 29	Girls 9-10 100 IM	1:21.00	Event 30	Boys 9-10 100 IM	1:24.00
Event 31	Girls 9-10 50 Breast	42.00	Event 32	Boys 9-10 50 Breast	44.00
Event 33	Girls 9-10 100 Back	1:22.20	Event 34	Boys 9-10 100 Back	1:25.00
Event 35	Girls 9-10 200 Free Relay	NT	Event 36	Boys 9-10 200 Free Relay	NT
Event 37	Girls 9-10 50 Free	32.00	Event 38	Boys 9-10 50 Free	32.70
Event 39	Girls 11-12 50 Fly	32.00	Event 40	Boys 11-12 50 Fly	33.30
Event 41	Girls 11-12 100 Breast	1:22.00	Event 42	Boys 11-12 100 Breast	1:25.50
Event 43	Girls 11-12 200 Medley Relay	NT	Event 44	Boys 11-12 200 Medley Relay	NT
Event 45	Girls 11-12 50 Back	33.90	Event 46	Boys 11-12 50 Back	35.00
Event 47	Girls 11-12 100 Fly	1:14.50	Event 48	Boys 11-12 100 Fly	1:18.20
Event 49	Girls 11-12 100 Free	1:03.30	Event 50	Boys 11-12 100 Free	1:04.00
Event 51	Girls 11-12 200 IM	2:38.00	Event 52	Boys 11-12 200 IM	2:42.00
Event 53	Girls 11-12 50 Breast	37.20	Event 54	Boys 11-12 50 Breast	38.30
Event 55	Girls 11-12 200 Free	2:19.00	Event 56	Boys 11-12 200 Free	2:22.00
Event 57	Girls 11-12 100 Back	1:12.60	Event 58	Boys 11-12 100 Back	1:14.90
Event 59	Girls 11-12 200 Free Relay	NT	Event 60	Boys 11-12 200 Free Relay	NT
Event 61	Girls 11-12 50 Free	29.00	Event 62	Boys 11-12 50 Free	29.20
Event 63	Girls 13-14 200 Medley Relay	NT	Event 64	Boys 13-14 200 Medley Relay	NT
Event 65	Girls 13-14 100 Free	59.16	Event 66	Boys 13-14 100 Free	57.50
Event 67	Girls 13-14 200 IM	2:29.00	Event 68	Boys 13-14 200 IM	2:26.80
Event 69	Girls 13-14 50 Free	27.90	Event 70	Boys 13-14 50 Free	26.60
Event 71	Girls 13-14 100 Fly	1:08.80	Event 72	Boys 13-14 100 Fly	1:09.00
Event 73	Girls 13-14 200 Free	2:11.80	Event 74	Boys 13-14 200 Free	2:09.50
Event 75	Girls 13-14 100 Back	1:08.00	Event 76	Boys 13-14 100 Back	1:07.00
Event 77	Girls 13-14 100 Breast	1:18.00	Event 78	Boys 13-14 100 Breast	1:16.00
Event 79	Girls 13-14 200 Free Relay	NT	Event 80	Boys 13-14 200 Free Relay	NT
Event 81	Girls 13-14 500 Free	5:51.50	Event 82	Boys 13-14 500 Free	5:47.00
Event 83	Girls 15&O 200 Medley Relay	NT	Event 84	Boys 15&O 200 Medley Relay	NT
Event 85	Girls 15&O 100 Free	58.73	Event 86	Boys 15&O 100 Free	53.60
Event 87	Girls 15&O 200 IM	2:27.00	Event 88	Boys 15&O 200 IM	2:16.00
Event 89	Girls 15&O 50 Free	27.50	Event 90	Boys 15&O 50 Free	24.80
Event 91	Girls 15&O 100 Fly	1:07.50	Event 92	Boys 15&O 100 Fly	1:02.00
Event 93	Girls 15&O 200 Free	2:09.70	Event 94	Boys 15&O 200 Free	2:01.50
Event 95	Girls 15&O 100 Back	1:08.50	Event 96	Boys 15&O 100 Back	1:04.00
Event 97	Girls 15&O 100 Breast	1:17.00	Event 98	Boys 15&O 100 Breast	1:10.00
Event 99	Girls 15&O 400 Free Relay	NT	Event 100	Boys 15&O 400 Free Relay	NT
Event 101	Girls 15&O 500 Free	5:52.00	Event 102	Boys 15&O 500 Free	5:35.00

## New England Area YMCA Swimming Championships

YMCA Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

YMCA phone \_\_\_\_\_

Coach's preferred phone \_\_\_\_\_

Coach's Email \_\_\_\_\_

YMCA Email \_\_\_\_\_

Boy's Entries

Hy-Tek	Individual	_____ @5.25	Total Due	\$ _____
Manual	Individual	_____ @5.50	Total Due	\$ _____

Hy-Tek	Relays	<u>_____ @21.00</u>	Total Due	\$ _____
Manual	Relays	<u>_____ @23.00</u>	Total Due	\$ _____

Girl's Entries

Hy-Tek	Individual	<u>_____ @5.25</u>	Total Due	\$ _____
Manual	Individual	_____ @5.250	Total Due	\$ _____

Hy-Tek	Relays	<u>_____ @21.00</u>	Total Due	\$ _____
Manual	Relays	<u>_____ @23.00</u>	Total Due	\$ _____

Total due \$ \_\_\_\_\_

Please make checks payable to New England YMCA Competitive Swimming

Please forward only one check for the total amount due.

New England Area YMCA Swimming championships

March 14,15, & 16, 2008

Harvard University Blodgett Pool Boston, MA

We certify that all listed competitors have been full privileged members of our YMCA for at least 90 days as of March 14, 2008. We further certify that all competitors have only represented this YMCA in any open swimming competition since October 1, 2007. That we are in compliance with all other " rules that govern YMCA sports competition". We further certify that our swimmers will be supervised at all times by our appointed coach, and we shall be responsible for their conduct during the meet. The liability policy of this association is in force and

extends to our competitors during this event. We have provided a certificate of insurance, naming "Harvard University and Melrose YMCA" as additional insured in regard to these New England YMCA Swimming Championships.

We further stipulate that we will provide certified lifeguard coverage for our team members during all portions of the Championship.

Association (YMCA)\_\_\_\_\_

Executive Director's Signature\_\_\_\_\_

Coach's Signature\_\_\_\_\_

#### New England YMCA Swimming Championships

Coaches Passes: All coaches who wish to be on the pool deck at this nationally sanctioned meet must have their current safety certifications.

**US Coaches Passes will be accepted for entry to the pool and the deck. Deck passes provided by Jeff Allen or YMCA Leagues will be accepted**

Please see section on Coaches Deck passes. Only coaches

with deck passes will be allowed through the swimmer's door.

Please forward copies of your safety certifications with this form **if you need a coaches pass.**

Passes will be mailed to one address

YMCA Name \_\_\_\_\_

Coach's Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_

Additional Coach \_\_\_\_\_

Additional Coach \_\_\_\_\_